

EXPLORING MENTAL HEALTH THROUGH PERSIAN POETRY

Join us as we examine the rich and healing art of Persian Poetry as it relates to our mental and emotional well being.

Moderator: Mojgan Moghadam Rahbar
Mental Health Advisor: Mastaneh Moghadam, LCSW

THIS MONTHS TOPIC: LOVE AND TRANSFORMATION

MAY SESSION DATES AND TIME

**Nighttime session:
Thursday, June 9, 2022
7pm to 9pm (PST)**

**Daytime session:
Wednesday, June 22, 2022
10am to 12pm (PST)**

All sessions are virtual through Zoom!

FREE ADMISSION WITH REGISTRATION!

For more information or to register,
Please call or email CCE at:
(818) 860-1223
connectwithcce@gmail.com

This is a program of Cross Cultural Expressions in partnership with Los Angeles County Department of Mental Health



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**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.

